How Do You Define Wellness?

Meaghan Novi

Presenter: Meaghan Novi
(English, International Studies minor)
Advisor: Constance Boehm
(Medicine)

The Student Wellness Center at the Ohio State University is committed to engaging in discussions about wellness to better serve the needs of our students. Through a baseline survey administered to a minimum of 300 students and a series of focus groups conducted during the 5th through 7th weeks of Spring Quarter 2012, this research project aims to gain a greater understanding of how students from diverse backgrounds, both ethnically and academically, define wellness.